

Position Description

Position Title	Maternal and Child Health Nurse
Position Number	30010691
Division	Clinical Operations
Department	Early Parenting Centre
Enterprise Agreement	Nurses And Midwives (Victorian Public Health Sector) (Single Interest Employers) Enterprise Agreement 2024-2028
Classification Description	Maternal and Child Nurse
Classification Code	Z15
Reports to	Associate Nurse Unit Manager
Management Level	Non Management
Staff Capability Statement	Please click here for a link to staff capabilities statement
Mandatory Requirements	<ul style="list-style-type: none"> • National Police Record Check • Working with Children Check • Registration with Professional Regulatory Body or relevant Professional Association • Immunisation Requirements

Bendigo Health

Bendigo Health is a leading regional health service, learn more about us by visiting our website: [Bendigo Health Website - About Bendigo Health](#)

Our organisation is a child safe organisation, committed to the safety and wellbeing of all children and young people. All Aboriginal and Torres Strait Islander adults, children and families will be supported to express and be proud of their culture in an environment that is culturally safe and supported.

Our Vision

Excellent Care. Every Person. Every Time.

Our Values

CARING – We care for our community,

PASSIONATE – We are passionate about doing our best,

TRUSTWORTHY - We are open, honest and respectful

The Position

The Maternal and Child Health Nurse (MCHN) oversees and delivers high quality person-centred care, assessment and education to families in the Loddon Mallee region based on the EPC's model of care and provides advice to staff and families. MCHNs bring foundational knowledge and skills to the design and delivery of clinical programs that improve the parent-child relationship and support mothers, fathers,

parents, carers and families to achieve their parenting goals. MCHNs promote maternal health, wellbeing and development of infants and children.

The MCHN works competently within their scope of practice to deliver safe, evidence-based patient centred care. As part of the nurse led multidisciplinary team, the MCHN will work across all EPC parenting programs at Bendigo Health as required. They may be required to perform an in-charge role in the absence of an ANUM.

The position has a strong focus on family/patient centred care and the MCHN will demonstrate this value along with an ability to work within organisational values.

Managers at Bendigo Health are an integral part of the health care service team, providing leadership and direction to a dedicated staffing group. A manager at Bendigo Health should have, or aspire, to, the personal qualities, knowledge and skills as described in the Bendigo Health Staff Capabilities Statement. Refer to link at top of page.

Responsibilities and Accountabilities

Key Responsibilities

- Provide safe, quality and clinically effective child and family health nursing in partnership with families.
- Play an active role in the day-to-day implementation of the EPC model of care.
- Actively participate in opportunities for further development and learning around early parenting practices.
- Work as part of the nurse led multidisciplinary team to support parents and families to achieve their parenting goals
- Maintain an understanding of parenting challenges and promoting prevention, early intervention and help-seeking opportunities
- Recognise and promote factors that contribute to connection to culture and community diversity, and promote self-determination in decision-making
- Make clinical decisions based on advanced knowledge and experience in the area of early maternal health and wellbeing, child health, wellbeing and development and optimal family functioning. Make comprehensive assessment of mothers, fathers, parents, carers, families and of the health, wellbeing and development of their children
- In addition to reporting to the NUM, collaborate with the broader Early Parenting Centre leadership team and colleagues in relation to best practice care

Key Selection Criteria

Essential

1. Hold current registration with the Australian Health Practitioner Regulation Agency (AHPRA) as a:
 - Registered Nurse; and
 - Registered Midwife; and
 - Post Graduate qualification in Maternal and Child Health Nursing

2. Demonstrated clinical experience in Maternal and Child Health
3. Ability to facilitate and deliver group sessions.
4. Knowledge of relevant legislation including but not limited to Best Interest Framework, Child Safe Standards, Sleep and Settling Model of Care.
5. A patient-centred focus with adaptability, diversity, innovative thinking and application of evidence into practice and self-management.
6. Up-to-date theoretical knowledge of perinatal and infant mental health.
7. Demonstrated understanding of contemporary theoretical approaches that underpin working with families experiencing vulnerability.
8. Understanding of the legislative requirements that guide all decision making and service delivery for vulnerable and at-risk children and families.
9. Demonstrated understanding of broader issues, current trends and a range of possible strategies associated with the delivery of high-quality treatment modalities to people and families during the perinatal period
10. Ability to support families experiencing parenting challenges and/or a period of vulnerability

Additional Information

- EPC services close down for the period of Christmas/New Year and Easter and staff are encouraged to take annual leave at this time.
- This position may require day, evening and night duty hour

Generic Responsibilities

All Bendigo Health staff are required to:

- Adhere to the **Victorian Government's Code of Conduct**
- Uphold **Occupational Health and Safety** responsibilities, including self-care, safeguarding others, and participating in safety initiatives and reporting.
- Comply with all **Bendigo Health policies and procedures**, including those related to clinical, managerial, and standard work practices.
- Follow **Infection Control** procedures to prevent cross-contamination and ensure the health and safety of all.
- Maintain **strict confidentiality** regarding all organisational, patient, and staff information.
- Engage in **continuous quality improvement** activities aligned with the National Safety and Quality Health Service Standards (NSQHSS).
- Recognise and respect **diversity**, fostering inclusive practices in the workplace and service delivery.
- Support research activities in alignment with the National Clinical Trials Governance Framework to ensure high-quality, safe, and ethical clinical trials and research practices across Bendigo Health
- Staff must carry out all lawful and reasonable directions and comply with relevant professional standards and ethical codes.
- Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Bendigo Health.
- Maintain ability to perform the inherent requirements of this role. Inherent requirements are the essential tasks necessary to perform this role, including reasonable adjustments. Bendigo Health is

committed to a safe workplace that supports all employees. The role may require specific physical and cognitive abilities, which can be discussed with the manager during recruitment or at any time. We understand that personal circumstances can change and impact your ability to meet these requirements; additional policies are available to guide you through this process. Please request the relevant procedures for more information.

All Bendigo Health sites, workplaces and vehicles are smoke free.

This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Any elements of this document may be changed at Bendigo Health's discretion and activities may be added, removed or amended at any time.